

Foundation for Reproductive Health Services India wishes you a very

Happy New Year

2023

Dear Reader,

As we step into 2023, we look back in gratitude and thank each one of you for your support to our mission 'Children by Choice, not Chance'. For us at Foundation for Reproductive Health Services India (FRHS India), it is of utmost importance that clients are kept at the centre and front of all our actions. 2022 was a year of resilience, inclusion and diversity for us, and we advanced Sexual and Reproductive Health and Rights in India.

2022 proved to be a challenging year for abortion rights worldwide with the US Supreme Court overturning Roe v. Wade. However, India managed to take a progressive step by starting a choice-based conversation centered around bodily autonomy and reproductive rights. The Supreme Court's unprecedented judgment cementing unmarried women's Right to Choice came as a ray of hope. Discussions around expanded basket of choice took place, and new commitments by funders at the International Conference of Family Planning 2022 encouraged us.

We continued to join hands with communities, frontline workers, civil society organisations and the governments to raise awareness, break stereotypes, and educate the masses on the importance of family planning as well as contraception. We're happy to see that a notable impact was created by the various workshops and social media campaigns we conducted throughout the year. We're looking forward to creating more such positive transformations in the years to come.

REACH AND IMPACT

In 2022, we were glad to expand our services to many new clients and territories. We delivered services in 1300 public sector facilities across 89+ districts in Bihar, Jharkhand, Madhya Pradesh, Rajasthan, and Uttar Pradesh. It filled us with joy to overcome every challenge with fervour and dedication.



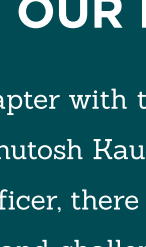
91,836 Unintended pregnancies averted



33,145 Unsafe abortions averted



61 Maternal deaths averted



1,79,239 Clients served

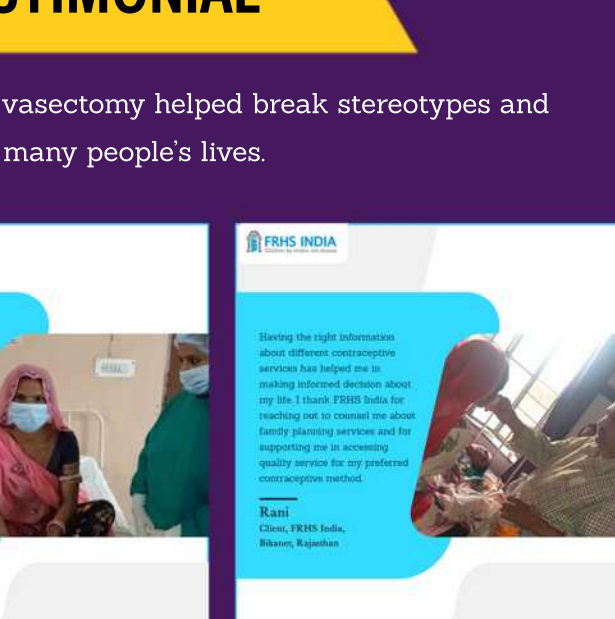


21,71,418 CYPs generated

WELCOMING OUR NEW CHIEF EXECUTIVE OFFICER

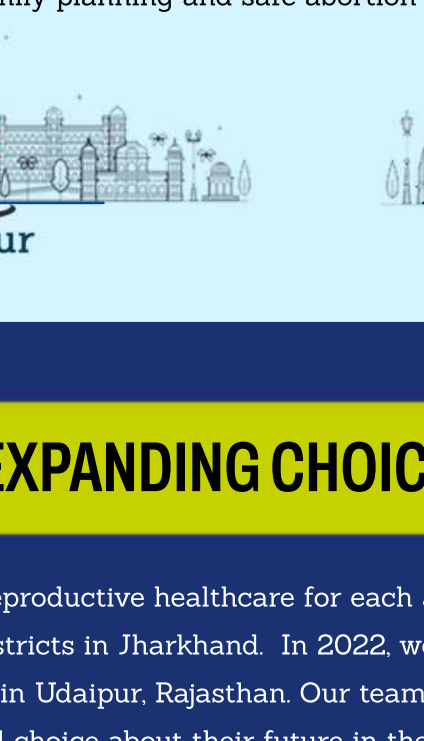
Commenced a new chapter with the appointment of Mr. Ashutosh Kaushik as the Chief Executive Officer, there are multiple opportunities and challenges that he intends to address head-on.

Ashutosh Kaushik



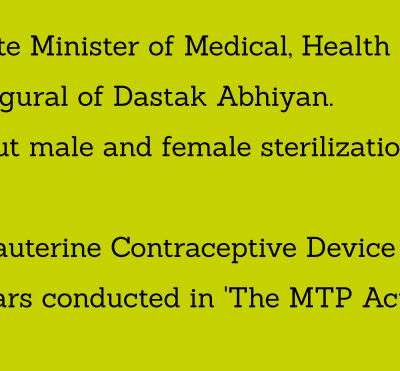
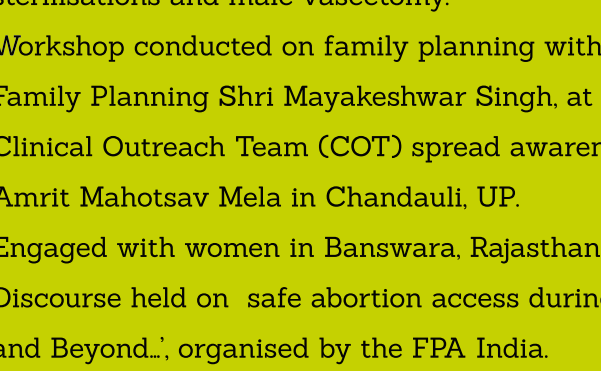
CLIENT TESTIMONIAL

Our initiative to spread awareness about vasectomy helped break stereotypes and create an impact in many people's lives.



BRINGING A RAY OF HOPE THROUGH OUR IN-REACH CENTRES

We opened several In-reach centres to increase inclusive access to reproductive healthcare and family planning services in every part of India. We successfully launched MTP (Medical Termination of Pregnancy) and MA (Medical Abortion) services in different cities at affordable prices. This brought us one step closer to our goal of proper family planning and safe abortion throughout the nation.



EXPANDING CHOICE

With the aim of ensuring access to reproductive healthcare for each and every individual, we expanded our reach to Madhya Pradesh and new districts in Jharkhand. In 2022, we also grew our network of clinics and introduced a new FRHS India Centre in Udaipur, Rajasthan. Our teams empowered thousands of individuals to take an informed choice about their future in these new geographies.

RAISING AWARENESS THROUGH WORKSHOPS

To educate people about the importance of reproductive and sexual well-being, family planning, and contraception, we organised a variety of workshops, camps, and melas. It helped us reach a wide range of audiences and spread essential information.

- Health Mela organised by FRHS India-Bihar Team in Kadiwa PHC, Katihar.
- Informative sessions conducted in Varanasi, Varanasi, Uttar Pradesh with frontline health workers - Accredited Social Health Activists (ASHAs) and Auxiliary Nurse and Midwives (ANMs) workers, to educate people about Intrauterine Contraceptive Device (IUCD), female sterilisations and male vasectomy.
- Workshop conducted on family planning with the State Minister of Medical, Health and Family Planning Shri Mayakeshwar Singh, at the inaugural of Dastak Abhiyan.
- Clinical Outreach Team (COT) spread awareness about male and female sterilization, on Amrit Mahotsav Mela in Chandauli, UP.
- Engaged with women in Banswara, Rajasthan, on Intrauterine Contraceptive Device (IUCD).
- Discourse held on safe abortion access during webinars conducted in 'The MTP Act @50 and Beyond...', organised by the FPA India.
- Session on Cervical Cancer by Gynaecologist Dr Sandhya Vyas organised at the Manipal University, Jaipur.

CELEBRATING LIFE

We celebrated regional and national festivals with great enthusiasm, while also increasing information about reproductive healthcare services amongst different communities.



AWARDS AND ACCOLADES

FRHS India received the 'Best NGO in Family Planning Award' from the Government of Rajasthan for eleven years in a row. State Governments appreciated our work and relentless efforts in several districts; we received six awards in Bihar, nine awards in Rajasthan, and two awards in Uttar Pradesh.

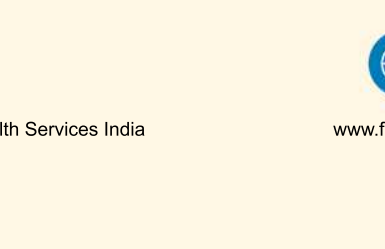
SOCIAL CHATTER

Family Planning services and the availability of contraceptives create a widespread impact on the lives of individuals across the country. Through our social media, we spread the message about the importance of making informed decisions about reproductive choices. We also were able to connect with people and hear their stories.

March 2022: International Women's Day



April 2022: World Health Day



July 2022: World Population Day

October 2022: International Day of Rural Women

SOCIAL MEDIA IMPACT

Social Followers:
5,909

Engagement:
5,810

Impressions:
10,1146

MAKING THE HEADLINES!

Climate change affects women, girls

Wednesday, 27 April 2022 | Debanjana Choudhuri

SC Announces Unmarried Pregnant Women Also Have The Right To Abortion

Overtaking Roe v Wade can have major repercussions worldwide against abortion, Indian experts warn

Indian gender experts have come out strongly against the Supreme Court overturning the landmark Roe vs Wade, thereby removing abortion from the list of fundamental rights. Experts say the repercussions against women is likely to be severe.

Men should be equal partners in family planning

Public Health
Updated on Jul 11, 2022 09:31 AM IST

The article is authored by Ashutosh Kaushik, CEO, Foundation for Reproductive Health Services (FRHS), India.

India to become world's most populated country during 2023: UN Report

Story by Sushmita Panda • 11 Jul

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